

Title: Dorn Method Course (Seminar) - Syllabus – **Sample only**

Tutor Information: The Seminar will be conducted by Thomas Zudrell, MD(AM), AHHA – Akademie fuer Holistische Heil-Arten International, 88353 Kisslegg, Germany, www.ahhai.org
Contact and Information at www.dorn-method.com
Head of DORN International department: Deutsche Gesellschaft für die DORN Bewegung e.V. (www.dorn-bewegung.org)

Student Level of Qualification: High School Graduate or Equivalent, preferably (not mandatory) certified Therapist or Medical Professional (e.g. Massage, PT, DC, DO, ND, MD, TCM-Practitioner etc.)

Module 1: Dorn Method Basic Therapist Course (Seminar)
Nominal Duration: 16 – 18 hrs (normally on 2 days)

Module 2: Dorn Method Advanced Therapist Course (Seminar)
Nominal Duration: 16 – 18 hrs (normally on 2 days)
> Recommended (only if applicable): Hands on training on a minimum of 20 persons/hours after the Basic Seminar

Course Materials: Therapist (Student) Manual, The Dorn Method Book (as print or e-book and Video and Data DVD's (optional!))

Learning Outcomes: (same on both modules with increasing intensity)

- Basic Knowledge of Anatomy and Physiology
- Assessment of Structural Imbalances (Misalignments in Joints)
- Safe application of the gentle manual therapy principals of the Dorn Method
- Safe application of the Dorn Method Self Help Exercises
- Understanding of correct applications and limitations

After the Seminar(s) the Student will be able to assess structural imbalances on persons of any age, apply the manual therapy principals of the Dorn Method in a safe and effective way, explain and demonstrate the Dorn Method Self Help Exercises, understand and is able to explain the correct application and limitations of the Dorn Method.

Assessment Method:

- Correct answering of specific questions either oral or written
- Supervision and guidance during practical application (real life simulation)
- Supervision and guidance during theoretical application (real life simulation)
- Student demonstrates correct skills and explanations

The Students Learning progress is constantly assessed during the entire duration of the Seminars with direct supervision and guidance during any practical and theoretical application of the learned and demonstrated skills from the Seminar Lecturer simulating a real life situation where the roles are changed between the students (Practitioner – Patient)

Assessment Criteria:

- Student is able to explain the learned topic
- Student is able to demonstrate correct practical application (real life simulation)
- Student is able to demonstrate / show correct theoretical application

The Student must be able to demonstrate the correct skills and answer specific questions either oral or written during and/or after the Hands-On Training Sessions.

Student is able to explain every step of the Therapy and related issues to the patient (co-student in real life simulation)

Conditions:

- Direct supervision/assessment during practical and theoretical application at seminar/course facility
- Correct reading and immediate application following the course manual step by step
- Correct use of Self Help aids (e.g. table, tennis ball, corner of wall/doorframe, towel as makeshift tools)

The performance of the students is directly supervised by the Seminar Lecturer at any time.

The Student must demonstrate the ability of reading and understanding the Course Manual and follow and apply its content step by step.

The Student must understand and demonstrate the correct use of makeshift Self Help Tools

Related Knowledge, Attitude, Safety:

Student learns, understands and agrees on the proper conduct of the Dorn Method and its:

- Limitations
- Applications
- Do's and Don'ts
- Ethical and Moral Standards
- Legal aspects
- Philosophical aspects

Students will receive a lecture about related knowledge, attitude and safety aspects and must show their understanding of these issues assessed either by oral questioning or written test.

Certification:

The successful student will receive a certificate for either the basic DORN Method and / or the advanced DORN Method seminar at the end of each module (basic or advanced).

Therapist Listing:

Certified Students (Dorn Method Advanced only!) can be listed at the Dorn Method Practitioner Listing at www.dorn-method.com